

# Ethan Polak

Sports Communication



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LINKEDIN  
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INSTAGRAM  
[instagram.com/ethanthepolak](https://www.instagram.com/ethanthepolak)



TWITTER  
[@EthanPolak](https://twitter.com/EthanPolak)



GONDOLA  
[gondola.cc/EthanPolak](https://gondola.cc/EthanPolak)

## TECHINICAL SKILLS

### ADOBE CREATIVE SUITE



### PRODUCTION & STATS



### OFFICE 365 & SOCIAL MEDIA



## HONORS & AWARDS

**ISAE** STAR AWARD - EXEMPLARY  
MARKETING CAMPAIGN  
INDIANA SOCIETY OF ASSOCIATION EXECUTIVES

Dec. 2024



**DEAN'S LIST**  
BUTLER UNIVERSITY COLLEGE OF  
COMMUNICATION

Spring 2022, Fall 2022, Spring 2023



**TOP JUNIOR IN SPORTS  
MEDIA AND STRAT COMM**  
BUTLER UNIVERSITY CCOM

Spring 2023

## WORK EXPERIENCE



**SEASON-LONG  
COMMUNICATIONS INTERN**  
SEATTLE SEAHAWKS

-Collect, organize and distribute daily clips and articles

-Transcribe press conferences and interviews of players and coaches for NFL OMG

-Manage and maintain the media rooms at the VMAC and Lumen Field

SEATTLE, WA

July 2025 - Present



**ATHLETIC COMMUNICATIONS  
ASSISTANT**  
BUTLER UNIVERSITY ATHLETICS

-Served as the lead contact for Butler volleyball, cross country, track and field, and lacrosse

-Crafted engaging social media and website content while managing game day media schedules and timelines

-Pitched stories to local and national media and coordinated interviews with coaches

CHICAGO, IL

Dec. 2022 - July 2025



**PRODUCTION ASSISTANT**  
CHICAGO CUBS

-Manage the in-game graphics, logged highlights and assisted the camera operators for the in-house video boards

-Operate graphics on Ross Xpression and logged highlights on CatDV

-Aid in the control room for special events including the 2023-24 Wildcats Classic and 2025 Frozen Confiners

CHICAGO, IL

Apr. 2023 - June 2025



**CAMERA OPERATOR**  
PACERS SPORTS & ENTERTAINMENT

INDIANAPOLIS, IN Oct. 2023 - June 2025



**MEDIA OPERATIONS  
ASSISTANT**  
UNIUSA

ESSEN, GERMANY

July 2025



**NFL SCOUTING COMBINE  
RUNNER**  
NFL NETWORK

INDIANAPOLIS, IN

Feb. 2025

## EDUCATION

**BACHLOR OF ARTS IN  
SPORTS MEDIA AND  
STRATEGIC COMMUNICATION**

BUTLER UNIVERSITY - INDIANAPOLIS, IN

Honors: *Cum Laude* - 3.94 GPA

Departmental Honors: High Distinction honors in Sports Media and Distinction honors in Strategic Communication

CLASS OF 2024

## INTERNSHIPS



**MEDIA COORDINATION &  
STATISTICS INTERN**  
NCAA

-Update NCAA Championship record books for all DI - DIII Olympic sports

-Create and edit scores, schedules, and brackets for conference tournaments on the NCAA Stats website

-Supported on-site crew at six championships including the the NCAA DI Men's Basketball Final Four

INDIANAPOLIS, IN

Sept. 2024 - May 2025



**SPORTS PRODUCTION INTERN**  
TUPELO HONEY PRODUCTIONS

INDIANAPOLIS, IN Sept. 2024 - May 2025



**CREATIVE CONTENT INTERN**  
COLLEGE SPORTS COMMUNICATORS

LAS VEGAS, NV

Feb. 2024 - Aug. 2024

## LEADERSHIP AND COMMUNITY SERVICE

**ALUMNI ASSOCIATION MENTOR**

BUTLER UNIVERSITY

Dec. 2024 - Present

**EVENT VOLUNTEER**

INDIANA SPORTS CORP

Mar. 2022 - June 2025

**CAPTAIN/SOCIAL MEDIA MANAGER**

BUTLER CLUB VOLLEYBALL

Jan. 2021 - Apr. 2024

## PORTFOLIO QR-CODE

FOR MORE INFO:  
SCAN THE QR CODE  
OR VISIT THE  
LINK BELOW



[www.ethanpolak.com](http://www.ethanpolak.com)