

# Ethan Polak

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Seattle, WA

(847) 404-6292

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## OBJECTIVE

Seeking a full-time position in NFL productions where I may utilize my proven skills and experience in videography, video editing, graphic design, and media relations.

## EDUCATION

### Bachelor of Arts in Sports Media and Strategic Communication

August 2020-May 2024

Butler University - Indianapolis, IN

Cum Laude - GPA: 3.94

Honors: 3-Time Dean's List, Top Junior in Strategic Communication, Most Outstanding Junior in Sports Media

## INTERNSHIPS

### Season-Long Communications Intern

July 2025-Present

Seattle Seahawks – Seattle, WA

- Compile daily media clips for team executives and PR staff featuring local and national media
- Aid in creation and distribution of weekly press releases, media guides and other publications
- Coordinate and transcribe coach and player press conference for distribution to media

### Sports Production Intern

Oct. 2023 – Dec. 2024

Tupelo Honey Productions – Indianapolis, IN

- Assisted with the planning and productions for ESPN, CBS and FOX sports productions
- Create and run graphics on Xpression and Daktronics for IU Indy and Indy Fuel shows
- Managed the Dreamcatcher for replays during the Major League Rugby playoffs

### Media Coordination and Statistics Intern, NCAA

February 2024-May 2025

## EXPERIENCE

### Production Assistant

April 2023-June 2025

Chicago Cubs – Chicago, IL

- Manage the in-game graphics, logged highlights and assisted cameras for in-house video boards
- Operate graphics on the Ross Xpression and logged highlights on CatDV
- Aid in the control room for special events including the 2025 Frozen Confines and 2024 Wildcats Classic

### Camera Operator

Oct. 2023-June 2025

Indiana Pacers – Indianapolis, IN

- Operated in-house tight-follow camera for Indiana Pacers NBA Finals Games 3, 6, and 7
- Used large, mounted cameras and handheld camera to capture the action on the court and fan reactions
- Ran game camera, PTZ cameras, and wireless camera during Indiana Pacers, Fever and Mad Ants games

### Runner - NFL Scouting Combine, NFL Network

February 2025-March, 2025

Camera Assistant, Baltimore Ravens

Oct. 2024

## LEADERSHIP AND COMMUNITY SERVICE

Lead Volunteer, Indiana Sports Corp.

March 2022-June 2025

Team Captain and Social Media Manager, Butler Men's Club Volleyball

January 2021-April 2024

## TECHNICAL SKILLS

Proficient in Adobe Photoshop, Premiere, Ross Xpression and NFLONG.

Experience with Daktronics, Microsoft Excel, Word, and NCAA Stats Manager

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