

Ethan Polak

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Seattle, WA
(847) 404-6292

OBJECTIVE

Seeking a full-time position in NFL productions where I may utilize my proven skills and experience in videography, video editing, graphic design, and media relations.

EDUCATION

Bachelor of Arts in Sports Media and Strategic Communication August 2020-May 2024
Butler University - Indianapolis, IN
Cum Laude - GPA: 3.94
Honors: 3-Time Dean's List, Top Junior in Strategic Communication, Most Outstanding Junior in Sports Media

INTERNSHIPS

Season-Long Communications Intern July 2025-Present
Seattle Seahawks – Seattle, WA
• Compile daily media clips for team executives and PR staff featuring local and national media
• Aid in creation and distribution of weekly press releases, media guides and other publications
• Coordinate and transcribe coach and player press conference for distribution to media

Sports Production Intern Oct. 2023 – Dec. 2024
Tupelo Honey Productions – Indianapolis, IN
• Assisted with the planning and productions for ESPN, CBS and FOX sports productions
• Create and run graphics on Xpression and Daktronics for IU Indy and Indy Fuel shows
• Managed the Dreamcatcher for replays during the Major League Rugby playoffs

Media Coordination and Statistics Intern, NCAA February 2024-May 2025

EXPERIENCE

Production Assistant April 2023-June 2025
Chicago Cubs – Chicago, IL
• Manage the in-game graphics, logged highlights and assisted cameras for in-house video boards
• Operate graphics on the Ross Xpression and logged highlights on CatDV
• Aid in the control room for special events including the 2025 Frozen Confines and 2024 Wildcats Classic

Camera Operator Oct. 2023-June 2025
Indiana Pacers – Indianapolis, IN
• Operated in-house tight-follow camera for Indiana Pacers NBA Finals Games 3, 6, and 7
• Used large, mounted cameras and handheld camera to capture the action on the court and fan reactions
• Ran game camera, PTZ cameras, and wireless camera during Indiana Pacers, Fever and Mad Ants games

Runner - NFL Scouting Combine, NFL Network February 2025-March, 2025
Camera Assistant, Baltimore Ravens Oct. 2024

LEADERSHIP AND COMMUNITY SERVICE

Lead Volunteer, Indiana Sports Corp. March 2022-June 2025
Team Captain and Social Media Manager, Butler Men's Club Volleyball January 2021-April 2024

TECHNICAL SKILLS

Proficient in Adobe Photoshop, Premiere, Ross Xpression and NFLOMG.
Experience with Daktronics, Microsoft Excel, Word, and NCAA Stats Manager

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